Mental Health:
Admissions,
Involuntary Treatment,
and Medication

# **Hospital Admissions**

Warrant for Immediate Examination (18 VSA § 7505)

Emergency
Examination
(18 VSA §§ 7504
and 7508)

Voluntary Admission (18 VSA § 7503)

Designated Hospital Admission

Forensic Examination (13 VSA § 4815)

#### Warrant for Immediate Examination

- Application for a warrant requires:
  - Emergency circumstances;
  - Physician's certificate unavailable without serious and unreasonable delay;
  - Personal observation that person's conduct constitutes reasonable grounds to believe that person is in need of treatment; AND
  - Person presents immediate risk of serious injury to self or others if not restrained.

#### Immediate Examination Continued

- Judge may order person to submit to immediate examination at a DH if s/he is satisfied:
  - Physician's certificate is not available without serious and unreasonable delay; AND
  - Probable cause exists to believe person is in need of immediate examination.
- Upon admission to DH, exam is immediately conducted by a physician. There are 2 possible outcomes of exam:

Physician certifies that person = "person in need of treatment"

 Person is held at DH for an emergency examination

Physician does not certify that person = "person in need of treatment"

Person is immediately discharged

# Application for Emergency Exam

- Person is admitted to DH for emergency exam to determine if s/he is "person in need of treatment"
- Authority to transport & admit person to DH for an emergency exam:
  - 1) Application by interested party; AND
  - 2) Certificate by a physician who ≠ applicant
- Application and certificate must state the facts and circumstances constituting need for emergency exam

# **Emergency Examination**

Authority to transport & admit person to DH for an emergency exam:

1) Application by interested party; AND

2) Certificate by a physician who ≠ interested party

72 hours after emergency exam certification, hospitalization is terminated unless:

1) Person is accepted for voluntary admission; OR

2) Application for involuntary treatment is filed (person remains hospitalized pending Court's decision)





Emergency exam conducted by a psychiatrist as soon as practicable, but no later than 1 working day after admission



Psychiatrist does not certify that person is need of treatment= person is discharged



Psychiatrist does certify that person is in need of treatment= hospitalization continues for 72 hours

# Preliminary Hearing

- Within 5 days after admission for an emergency exam, a patient MAY request a preliminary hearing
- Hearing must be held within 3 working days of request
- Hearing determines if there is probable cause to believe the patient was a person in need of treatment at the time of his or her admission

Probable cause is established

Person held for further proceedings

Probable cause is *not* established

Person is discharged

### Application for Involuntary Treatment

Application

- Application must contain:
- Written application filed by interested party; AND
- One of the following:
  - Physician's certification that s/he examined person within 5 days of date AIT is filed and believes person is in need of treatment; OR
  - Applicant's written statement that person refused physician's exam

Counsel; Notice; Exam

- Once AIT is filed, the Court is responsible for:
  - Appointing counsel to the person;
  - Transmitting copies of the application, physician's certification (if any), and notice of hearing to the person, counsel, guardian, State's attorney, etc.
- As soon as practicable after notice, Court may authorize exam of patient by a psychiatrist other than certifying physician (§7614)

**Hearing Date** 

- Hearing must be held:
  - 10 days from date of AIT's receipt by Court; OR
  - 20 days from date of AIT's receipt by Court if psychiatric exam is ordered under §7614
- Court can grant either party a 7 day extension for good cause

# AIT Hearing & Outcomes

- At AIT hearing, the State has the burden of proving case by clear & convincing evidence
- Initial court orders of hospitalization & nonhospitalization last 90 days

Court finds person = person in need of treatment at time of admission or application AND

Court finds person = patient in need of further treatment at time of hearing

- Court may order:
  - Hospitalization at a DH;
  - Hospitalization at any other public or private hospital if the person and hospital agree; OR
  - Program of treatment other than hospitalization (i.e. ONH).

Court finds the person ≠ person in need of treatment at time of admission and application

OR

Court finds person ≠ patient in need of further treatment at time of hearing

AIT is dismissed

### **Application for Continued Treatment**

- If prior to expiration of initial OH or ONH, the Commissioner of Mental Health (CMH) believes the person requires continued treatment, CMH applies to Court for determination that person is need of further treatment and for order of continued treatment.
- Application for continued treatment must contain:
  - Reasons for CMH's belief;
  - Statement describing person's current treatment program; AND
  - Results of current course of treatment.
- If CMH seeks to have person receive continued treatment in a secure residential recovery facility, application must expressly state this placement is being sought.

# Application for Continued Treatment: Possible Outcomes

If the Court finds that the person ≠ patient in need of further treatment, the person is discharged.

If the Court finds that the person = patient in need of further treatment AND requires hospitalization, hospitalization is ordered for up to 1 year.

If the Court finds that the person = patient in need of further treatment AND does *not* require hospitalization, nonhospitalization is ordered up to 1 year.

## ONH: Noncompliance or Inadequacy

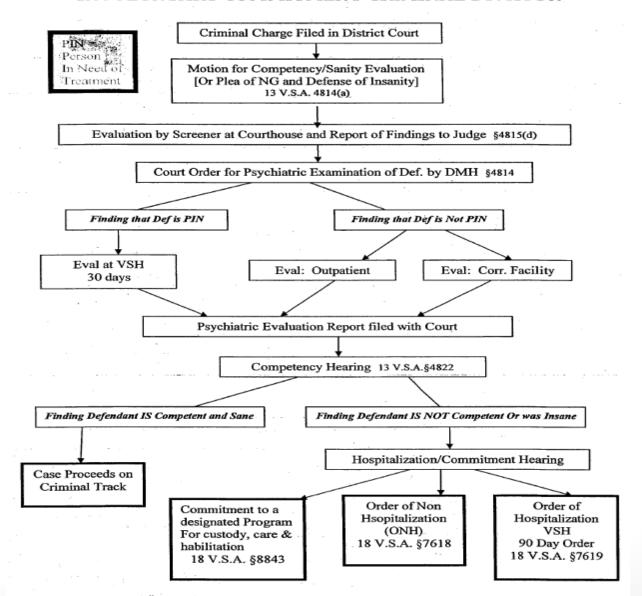
- If a person is not complying with an existing ONH or an existing ONH is inadequate to meet the person's treatment needs, the Court may (after a hearing) do the following:
  - Order hospitalization, up to expiration date of original ONH; OR
  - Modify original ONH by directing the person to undergo an alternative treatment for an indeterminate period, up to expiration date of original ONH.

#### Forensic Admission & Commitment

- If a party or the Court makes a motion for examination:
  - A mental health screening is completed while the defendant is still at the Court
  - Court may order inpatient examination in light of screener's recommendation and other facts/circumstances
- A Court before which defendant is tried (or to be tried) for a criminal offense must hold a hearing to determine if defendant should be committed to CMH, if the defendant is:
  - Found by the examining psychiatrist to be insane at the time of the alleged offense;
  - Found incompetent to stand trial due to mental disease or defect;
  - Not indicted by grand jury by reason of insanity at the time of alleged offense; OR
  - Acquitted at trial by reason of insanity at the time of the alleged offense.

#### Forensic Admission & Commitment

#### INVOLUNTARY COMMITMENT CRIMINAL DIVISION



# Petition for Involuntary Medication

CMH may file a petition for involuntary medication of a person refusing to accept psychiatric medication, IF one of the following conditions is met:

Person is in the care and custody of CMH pursuant to an OH or order for continued treatment in a hospital

Person previously received treatment under an OH and is currently receiving treatment under an ONH

Person is in the custody of the Commissioner of Corrections as a convicted felon;

Person is held in a designated correctional facility; AND

Departments of
Corrections and Mental
Health have jointly
determined that
involuntary medication is
appropriate

- Hearings on involuntary medication must be held within 7 days of filing the petition
- Either party may be granted an extension of up to 7 days for good cause

#### Petition for IM continued

- Petition on Involuntary Medication must contain certification from the treating physician with the following information:
  - Nature of person's mental illness;
  - Necessity of IM, including person's competency to decide to accept or refuse medication;
  - Proposed medication;
  - Risks and benefits of proposed medications;
    - Person's prognosis with and without proposed medications;
    - Person's health and safety;
  - Current relevant facts & circumstances, including history of treatment and medication;
  - Proposed alternative treatments, and reasons for ruling them out;
     AND
  - Whether person has executed a durable power of attorney (DPOA).
- \*DPOA for health care no longer exists; statute should be updated to instead refer to advance directive.

# Hearing on Involuntary Medication

- CMH has the burden of proof by clear & convincing evidence
- Competency:

In determining whether the person is competent make a decision on the proposed medication, the Court shall consider:

Whether the person is able to make a decision; AND

Whether the person is able

to appreciate the

consequences of that

decision

## **Involuntary Medication & DPOAs**

- Court must suspend hearing on IM and enter order authorizing CMH to provide treatment to person as allowed under DPOA, if it determines that:
  - Person is refusing to accept psychiatric medication;
  - Person is not competent to make a decision regarding the proposed treatment; AND
  - Decision regarding proposed treatment is within the scope of a valid DPOA for health care.
- If hospitalization is necessary to effectuate proposed treatment, Court may order hospitalization

# Hierarchy of IM Decisions

If person subject to a petition for IM has a DPOA and certain criteria (described on last slide) are met, DPOA governs treatment.

If person has no DPOA, the Court shall follow person's competently expressed written or oral preferences regarding medication.

If person has no DPOA or medical preferences, the Court shall consider the following factors:

- Person's religious convictions as pertains to person's refusal of medication;
- Impact of receiving (or not receiving) medication on person's relationship with family or household members;
- Likelihood and severity of medication's proposed adverse side effects;
- Risks and benefits of proposed medication on person's prognosis, health, and safety; AND
- Various alternative treatments available.

# IM Findings and Outcomes

 A hearing on a petition for involuntary medication has 2 possible outcomes:

Court finds person is incompetent to make decision on proposed treatment

**AND** 

that involuntary medication is supported by factors

- Petition granted in whole or part with reference to supporting factors
  - Order specifies medication type, dosage, length and method of administration
  - Order requires provider to review use of IM monthly

Court finds person is competent to make decision on proposed treatment

OR

that involuntary medication is *not* supported by factors

Petition for IM is denied

### Length of IM Order & Hospitalization

- If person receiving IM is **hospitalized**, the order shall authorize the administration of IM for 90 days, unless the Court finds a longer time period is necessary.
  - If a longer order is necessary it cannot exceed underlying OH
- If person receiving IM is under ONH and the Court finds that without order for IM there is a substantial probability that person would continue to refuse medication and consequently pose danger of harm to self or others, Court may order up to 72 hour hospitalization to administer IM
  - Not known to happen in practice

# Future Court Authorization of Hospitalization for Administration of IM

- If Court has authorized 72 hour hospitalization to administer IM to person on ONH, it may authorize future 72 hour hospitalizations for the same purpose
  - Future authorization is valid for 90 days following initial OH for the administration of IM, unless the Court finds more time is necessary
  - If a longer order is necessary it cannot exceed underlying ONH

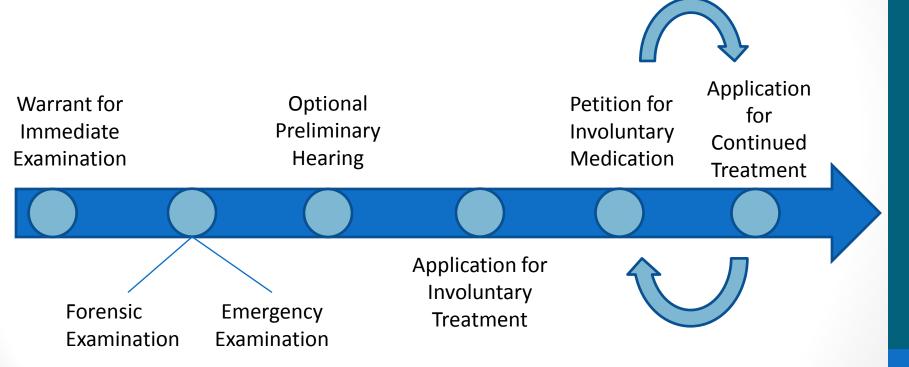
# Authorization of future 72 hour hospitalization requires:

Certification of treating physician filed with CMH stating:

- Person refused medication;
  - Person ≠ competent;
- Proposed medications; AND
- Substantial probability person will pose danger to self or others if not hospitalized and receiving IM.

Provision of 2-14 days notice by CMH to Court, person, and person's attorney; notice with statement that person may contest order must be given within 24 hours of receipt of physician's certificate by CMH

# Involuntary Treatment Timeline



# S.287 As Passed by Senate

An act relating to involuntary treatment and medication

### Overview

Existing Law	As Passed Senate
[Not in existing law]	Probable cause review occurs within 3 days of filing AIT by the Family Division
No specific statutory option to expedite AIT in Title 18	Opportunity to expedite AIT hearing when the Court finds that certain criteria have been met
Petition for Involuntary Medication cannot be filed until a judgment is rendered on an AIT	Petition for Involuntary Medication can be filed anytime after AIT is filed (but AIT must be decided first)
Involuntary medication orders have automatic 30 day stay	Removes involuntary medication orders from automatic stay provisions of Family Court rules and permits the Family Division to stay an involuntary medication order while appeal is pending

#### Probable Cause Review

- S.287 as passed by Senate creates new probable cause review
- For each AIT filed, Family Division must conduct a review to determine whether there is probable cause to believe person was in need of treatment at time of his/her admission
- Review based on:
  - EE application & accompanying physician certificate (if any); and
  - Application for involuntary treatment.
- Review must occur within 3 days of filing AIT

Probable cause is found

 Person held for further proceedings

Probable cause is *not* found

Person is discharged

#### S.287 Proposal: Expedited AIT Hearing

- S.287 creates new layer of process: an expedited AIT hearing as an alternative to the existing AIT hearing
- Court may grant order for expedited hearing on AIT from either party if:
  - The person has received involuntary medication during the past 2 years and experienced significant clinical improvement as a result; OR
  - The person demonstrates significant risk of causing the person or others serious bodily injury even while hospitalized AND clinical interventions have failed to address the risk of harm to the person or others.
- Expedited timeline:
  - Between 7-10 days after order is granted.
- Court cannot grant either party an extension under an expedited AIT

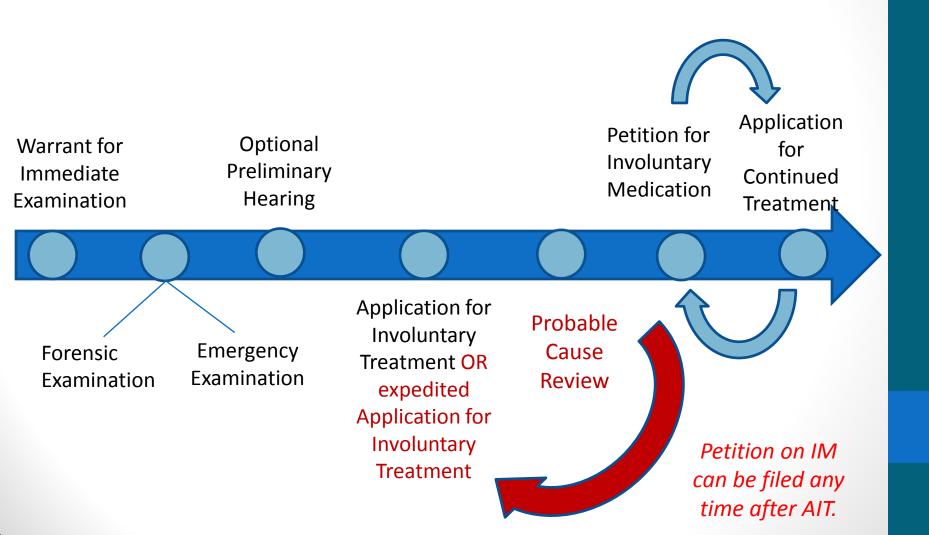
# AIT versus Expedited AIT

AIT	Expedited AIT
All AITs are considered by Court	<ul> <li>Court may only grant motion for expedited AITs if one of the following are met:</li> <li>Person received involuntary medication during the past 2 years and experienced significant clinical improvement as a result; OR</li> <li>Person demonstrates a significant risk of causing the person/others serious bodily injury while hospitalized AND clinical interventions have failed to address the risk of harm to person/others</li> </ul>
Hearing within <b>10</b> days from the date of AIT's receipt by the Court; OR within <b>20</b> days from date of AIT's receipt by the Court if psychiatric exam is ordered under §7614	Hearing between <b>7-10</b> days after the Court grants motion
S.287 narrows unlimited extensions of up to 7 days for good cause to a onetime extension	No extensions

# Timing: Filing of Petition for IM

Existing Law	Proposed Change
<ul> <li>A petition for IM must be filed AFTER someone has:</li> <li>received an OH or order for continued treatment in a hospital;</li> <li>received an ONH after OH; or</li> <li>is in Corrections as a convicted felon and it is determined that IM is appropriate</li> </ul>	A petition for IM may be filed <b>AT ANY TIME AFTER</b> an AIT is filed; but a decision on the AIT must be rendered before a decision on the petition for IM

# Proposed Amendments to Involuntary Treatment Timeline



# IM: Stays of Proceedings

S.287 seeks to make 2 changes to the Vermont Rules of Family Proceedings regarding stays of proceedings:

#### 1. Automatic Stay Prior to Appeal:

Existing law	Proposed amendment
Order for IM is automatically stayed for 30 days after its entry or until the time for appeal has expired	Order for IM may be enforced upon entry

#### 2. Stay Pending Appeal:

Existing law	Proposed amendment
During appeal on OH, ONH, and involuntary	Removes involuntary medication orders
treatment, Court (in its discretion) may	from automatic stay provisions of Family
grant/deny applications for continued	Court rules and permits the Family Division
treatment, modify order, or discharge	to stay an involuntary medication order
patient	while appeal is pending

## Housekeeping and other provisions

- S.287 replaces DPOA for health care with advance directive; and
- Replaces Criminal Division of the Superior Court with the Family Division of the Superior Court (if not already updated)
- AHS must ensure that Legal Aid's Mental Health Project has sufficient psychiatrists to conduct § 7614 exams in required time frame